

HAVE I GOT EVERYTHING? Checklists for travelling and competitions

One week ahead	Two days ahead	The day before	On the day
<i>Rider</i>	<i>Rider</i>	<i>Rider</i>	<i>Rider</i>
<p>Jacket cleaned Check buttons and fit Wash/clean competition jods/breeches Check gloves (clean/wearable)</p> <p>If you are using hired transport, check the booking.</p>	<p>Pack into bags/covers: Jacket Jods/breeches Shirts Stocks/stock pins White/flesh coloured underwear including vest/t-shirt in cold weather Ear studs Hairnets/clips Any 'lucky' items Numbers First aid kit (rider and horse) Emergency kit – needles, cotton (white, black, navy, cream), spare buttons for jacket and shirts, safety pins</p> <p><u>Phone for times of your tests</u></p>	<p>Check fuel in your transport and fill up today. Pack: neutral make-up kit with high SPF to protect skin from weather and dust; test sheets and folder; Check if refreshments are available – prepare packed lunch and drinks to take Clean and steam hat Clean and buff up boots Check have over trousers, boots or shoes for wearing off-horse, and coat/fleece for wearing over jacket while warming up and after riding Check directions, plan route and mark on maps so easy to follow Staying overnight? Do you need duvet, clothes etc? Know your test, even if you have a caller. Have two copies of your tapes for freestyle to music.</p>	<p>Are the following in the lorry or on you? Jacket Shirts Competition jods or breeches Hats Boots Gloves Stocks/pins Under-garments Make up Ear studs Numbers Hairnet/clips Lucky items First Aid kits Emergencies kit Over-coat/fleece Over trousers Spare boots/shoes Lunch Tests Bedding if required Change of clothes Money Mobile phone Sanitary wear Tissues Pills, potions and medication</p> <p><u>Allow plenty of time to get there!</u></p>
<i>Horse</i>	<i>Horse</i>	<i>Horse</i>	<i>Horse</i>
<p>Check shoes – any work required? Check travel rugs, boots stable rugs, exercise rugs etc are in good order – fix if not</p>	<p>Wash mane and tail without conditioners (makes plaiting easier on the day) Girths, numnahs, brushing boots and saddle cloths washed</p>	<p>Clean saddle and bridle Check/pack grooming kit, plaiting kit, water bucket, sponges Pack spares kit: stirrup leathers girths, reins, head collars, lead ropes Staying overnight? Prepare food concentrates made into correct size feeds in plastic bags; pack feed buckets, hay/haylage in nets Bath or thoroughly groom horse</p>	<p><u>Allow plenty of time for plaiting and grooming (either at home or at the venue)</u></p> <p>Are the following on the lorry or on the horse? Travel rugs Travel boots Tail bandage Stable rugs, Exercise rugs Saddles Bridles Girths Saddle cloths/numnahs Brushing/working boots Grooming kit Plaiting kit Spare kit Water bucket, water Sponges Food and hay Mucking out tools/barrow</p>

Before mounting	✓
Tack on and girth tight? Correct number attached to bridle? Brushing/working boots on? Tail bandages off? Test reader prepared and has test sheet/folder? You have all your kit on? Lucky items on your person/horse if necessary?	
Last minute list	✓
Brushing/working boots off Girth tight Boots – quick wipe Noses – horse and rider – quick wipe Reader in place Let go of any tensions Smile 😊 Go enjoy!	